

ALAMA AUTUMN 2009



ASSOCIATION OF LOCAL AUTHORITY MEDICAL ADVISORS



Raising the Standard

ALAMA Autumn Conference
Redworth Hall, County Durham
18-20 November 2009

Raising the Standard

Redworth Hall, 18-20 November 2017



The **ALAMA Autumn Conference; Raising the Standard** is a key event for Occupational Health Physicians. The Conference aims to address important current issues in a programme that is relevant, informative and thought provoking with both strategic keynote presentations and specialist breakout sessions for Fire, Police and Local Authorities. It offers opportunities to access the latest research, analyse new thinking, explore new initiatives and understand changes that impact on service delivery.

Being in the 'know' is pivotal to success especially in this time when we find ourselves in a world where change could almost be described as a constant in almost every aspect of our lives. Keeping up to date to ensure we continue to deliver the best possible service is essential and the autumn conference is an excellent opportunity to do this and more.

The conference programme has been developed in close consultation within the profession and focuses on raising standards, finding ways to deliver excellent services for clients as well as developing personal and professional effectiveness in these changing times. CPD Points will be awarded for attendance.



We invite you to join us at the Redworth Hall Hotel, a breathtaking retreat and luxury hotel on the edge of the northeast hub. Originally a Jacobean manor house, it is set in the midst of 150 acres of stunning private grounds at the end of a sweeping driveway lined with lime trees. The grand old manor house dates back to 1744 and the hotel, today, has retained many original rooms and successfully combines traditional elegance with contemporary style, particularly in the newly added Spa bedrooms and the well equipped leisure club which includes a beauty treatment centre.

The manor was linked to the Surtees family until the 1950's when it became a residential school for 'naughty boys' before converting to a hotel in 1987. For those of a 'delicate' nature it must be pointed out the hotel is said to be the home to at least two ghosts...

Redworth Hall is set in Heighington Village, Newton Aycliffe, six miles from Darlington and its famous railway station and conveniently located as a centre for exploring County Durham (Land of the Prince Bishops), the beautiful Northumberland coast line, outdoor life as it was in the 1800's at Beamish (a fascinating open air museum) or Durham and its imposing medieval cathedral which is only 20 minutes away.

Future Clinical Presentations at Conference

ALAMA is keen to ensure future conferences include opportunities for OH physicians to access the latest thinking/research on clinical issues. We would like to include short presentations and posters, which offer an opportunity to present information, ideas or new research about selected initiatives.

If you would like to propose a presentation or a poster at a future conference please send a short summary to alama@emmm.co.uk (Clearly marked Presentation Proposal) and it will be put forward and considered for inclusion in upcoming conference programmes.

Diary Dates for 2010

The ALAMA Spring Conference will be held in the Hilton Hotel, Belfast on 17-19 March 2010. Due to venue availability restrictions the conference will open informally on the evening of 17th March and the academic programme will start on the morning of Thursday 18th and run through till late Friday afternoon on the 19th. Put the dates in your diary now – and don't forget the 17th is St Patrick's Day so it should be fun in the city that night! Accommodation options will also be available for those wishing to extend their stay over the weekend.

Conference Programme

Redworth Hall, 18-20 November 2009

Wednesday 18th November

10.00 Registration

12.00 Lunch

12.50 Welcome – Chair Tok Hussain

12.55 Exhibitor Profile Vitalograph

13.00 Defence Organisations and the OH Physician: Medical Indemnity and Protection

Dr Nick Clements, Head of Medical Services (Leeds) MPS

The challenges in achieving fairness and security in members' subscription rates – a general overview with specific OH examples.

13.50 Q/A

14.00 Clinical Governance

Charlie Vivian, Director of Quality, NHS Plus

NHS Plus is a network of NHS OH Departments. A governance system is being developed, to help improve quality, and to meet the Faculty's accreditation standards.

14.50 Q/A

15.00 Coffee

15.25 Mediation, the New Process and Recommending Interventions

Philip Johnson, OH Specialist, Artemia

In light of the increasing role of mediation in the employment process this session will outline of the process of mediation, its place in current legislation and assist in identifying situations where mediation is appropriate and may be a positive process, even helping achieve medical improvement.

16.15 Q/A

16.25 Ethics update: Confidentiality and Consent

Jacques Tamin, Medical Director, Company Health Ltd

Does a worker have to give consent for a "fitness certificate", having already consented to the process? Is it "confidential medical information"? These issues will be debated from an ethical perspective.

17.25 Q/A

Thursday 19th November

09.00 Measurement of Anxiety and Depression

Stephen Pereira, Medical Director

London CBT Centre, Consultant

Psychiatrist, Guys Kings and

St Thomas Hospital

Markers of fitness for work including the ability to attend disciplinary/dismissal meetings.

09.50 Q/A

10.00 Coffee Exhibition

10.20 Exhibitor Profile 3

10.25 Hypertension and its Relevance to Work

Iti Haq, Consultant Cardiologist,

Newcastle upon Tyne Hospitals

NHS Foundation Trust

The relationship between hypertension and work-related factors is examined, in particular occupational stress and job strain – the combination of high job demands and low job control.



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11.10 Q/A**11.25 Improving Work Outcomes –
The New Medical Statement**

Bill Gunnyeon, Director for Health Work and Wellbeing, Department for Work and Pensions

An update on the new medical statement due to be introduced in April 2010 and the contribution it will make to improving work outcomes for people with health conditions.

12.35 Lunch**13.25 Exhibitor profile 4****13.30 The Effectiveness of Drug and Alcohol Testing in Reducing Injuries and Accidents in the Workplace: A Systematic Review**

Anne Trakoli, SpR in Occupational Medicine, HealthWork Ltd

14.15 Stress: A Case Study

Stephen Pereira, Medical Director London CBT Centre, Consultant Psychiatrist, Guys Kings and St Thomas Hospital

Possibly a case study following his earlier presentation.

15.10 ALAMA's New Website

John Sorrell, Webmaster ALAMA
Following 18 months of development it now features many new elements including editing facilities, a search engine for the library and online membership database management.

15.40 Coffee Exhibition**16.00 Breakout Sessions:****Current Issues for Fire: 42 or not 42?
UK F&RS Aerobic Fitness Standard Differences**

Zahid Iqbal, London Fire Brigade

Police: A Polemic on the Psychology of Risk Assessment... or ...Travels with my Kayak!

David Bulpitt, Essex Police

Local Authorities: Teachers Pensions – better evidence

Noel McElearney, Head of Pension Medicine, Atos Healthcare and Jeff Rogerson Pay & Pensions Team DCSE.

19.30 Conference Reception and Dinner**Friday 20th November****09.10 The Application of Psychology to Occupational Health**

Paul Flaxman, Director, Organisational Psychology Dept, City University

An insight into worksite psychological skills training and the results of recent public sector (NHS, central and local government) research into employee recovery.

10.10 Coffee**10.30 Legal Update**

Diana Kloss, Barrister

Eminent barrister and specialist in employment law, Diana Kloss will give an update on current legal issues. Followed by an open forum for delegates' questions.

12.30 Closing Remarks

Tok Hussain, Chair ALAMA

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Personal details

FORENAME

SURNAME

ORGANISATION/EMPLOYER

ADDRESS

POSTCODE

TELEPHONE

EMAIL (ALL INFORMATION WILL BE SENT TO THIS ADDRESS SO PLEASE PRINT CLEARLY)

PLEASE TELL US IF YOU HAVE ANY SPECIFIC SENSORY, MOBILITY OR DIETARY REQUIREMENTS

ARE YOU AN ALAMA MEMBER?

NO

YES

Session selection

Please indicate which session you will be attending on Thursday afternoon.

Local Authorities Police Fire

Presentations

Proposals for short clinical presentation are invited for inclusion in future conference programmes. A synopsis should be sent to alama@emmm.co.uk

Yes. I would like to propose a short clinical presentation for consideration

TITLE

For further information

Contact the ALAMA Conference Office
EMMM Ltd, Southdene House,
16 Booths Hill Rd, Lymm, Cheshire WA13 0DL
T: 01925 752078 · F: 01925 758255
E: alama@emmm.co.uk
www.emmm.co.uk/alamaredworth

Terms and conditions

This booking form constitutes a legally binding agreement. Payment must be received in full prior to the event. Delegate places will be confirmed and conference details sent subject to receipt of payment. Cancellations must be confirmed in writing three full weeks prior to the event and will be refunded minus an administration charge of £50. We regret that no refunds can be made after that time, for whatever reason, although substitutions will be accepted if notified in writing prior to the event. The personal information you provide will be held on a database by EMMM Ltd.

Please tick here if you do not want to receive information regarding any future events of this nature.



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Registration Options

Please circle the elements you wish to book. If you would like to pay by Credit/Debit card you must complete an online booking www.emmm.co.uk/alamaredworth

	MEMBER	NON MEMBER
Fully inclusive Package (Incl. two nights DB&B, lunches and all sessions)	£495.00	£570.00
Half day delegate Wednesday (Incl. lunch)	£100.00	£115.00
Day delegate Thursday (Incl. lunch)	£175.00	£200.00
Half day delegate Friday (Excl. lunch)	£85.00	£100.00
B&B Wednesday	£95.00	£110.00
Dinner Wednesday	£25.00	£30.00
Dinner Wednesday Guest	£25.00	£30.00
B&B Thursday	£95.00	£110.00
Dinner Thursday	£40.00	£50.00
Dinner Thursday Guest	£40.00	£50.00
Guest (Incl. shared room Wednesday and Breakfast Thursday)	£20.00	£25.00
Guest (Incl. shared room Thursday and Breakfast Friday)	£20.00	£25.00

TOTAL PAYABLE

Payment Options

N.B. Bookings cannot be made unless full payment or a fully authorised Purchase Order is sent with this Booking form. If you would like to pay by Credit/Debit card you must complete an online booking form at: www.emmm.co.uk/alamaredworth

N.B. Credit card payments carry a bank charge supplement, which is currently 2.85%. Confirmations will be sent by email in receipt of your completed booking form and payment. Joining instructions will be sent early November.

Yes / No I have enclosed a cheque for £

(Payable to ALAMA 2006)

Yes / No I have enclosed a fully authorised Purchase Order Number

Yes / No Payment will be made by BACS to: ALAMA 2006, Bank Details: NatWest,
Sort Code: 60-20-29, A/C No 39523519 Swift Code: GB62NWBK60202939523519

SIGNED

DATE

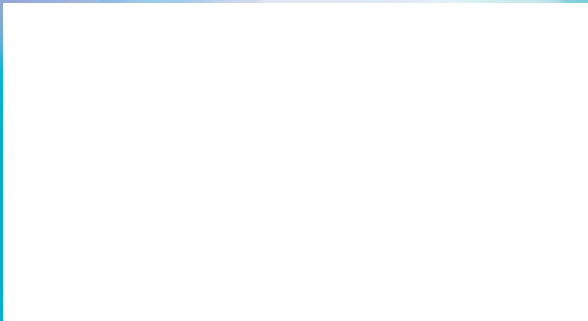
PRINT NAME

POSITION



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